

Subject name: Life Skills KS5

<p>General Statement of Intent</p> <p>The aims of Life Skills sessions are to help develop pupils' independence, confidence, knowledge, and understanding of a variety of skills in preparation for adulthood.</p> <p>The curriculum matches the needs of our learners by highlighting essential skills needed to become an independent adult. We support pupils that often have a poor understanding of the world around them, they often have little experience or exposure to those skills, in their home environment.</p> <p>The curriculum covers a wide variety of areas that are essential to independent living and skills which are required in certain industries such as hospitality and catering (which some of our learners choose a career path). Each pupil has a personalised programme based on their pre-existing knowledge and skills. It is adapted as required to meet pupils' needs.</p>	
<p>In the sessions, the pupils have the opportunity to practice using real resources in a specially designed Life Skills room. It covers cleaning, ironing, and using electrical devices, e.g. washing machine and tumble dryer.</p> <p>The FED building is also equipped with a teaching kitchen, where further learning takes place, involving food preparation, e.g.: planning meals, cooking, using appropriate utensils and equipment, staying safe in the kitchen, food safety, correct storage of food and using electrical devices, e.g. mixers, dishwasher. We also cover healthy eating and nutrition.</p> <p>The learning also takes place outside of school, e.g.: pupils learn about shopping which includes making shopping lists, finding items in the shop, and using a variety of tills, including self-scanning. In addition to that, we also cover online shopping and payments.</p> <p>Some topics are cross-curricular to give pupils maximum opportunities to gain the skills and knowledge before they leave school: money and time. We specifically focus on budgeting, using money and change, using digital payment methods, reading and managing time.</p>	
Assessment strategies including external examinations	<p>Against EHCP targets on Earwig assessment software.</p> <p>Through observations and pupils' self-assessment form.</p>
Any additional notes	<p>The learning framework has been designed by FED teachers.</p>

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