



Bringing out the Best in Everyone"



Buckinghamshire Council /

Pebble Brook School

Sex and Relationships Education Policy

Signed _____ dated _____
Chair of Governors

Date Approved /Ratified	Summer 2022
Date of next review	Summer 2023

Sex and Relationships Education and the School Ethos:

The staff and Governors believe that pupils' learning about their own sexual development, together with awareness of their relationships with others, can greatly enhance their ability to lead their lives competently and with fulfilment. We also expect other learning outcomes to be enhanced by the increased self-esteem and confidence which a good sex and relationships education programme can bring about. At Pebble Brook School we value all staff and students as individuals, worthy of dignity and respect.

Aims and Objectives:

Sex and Relationships Education at Pebble Brook School will address the spiritual, moral, cultural and physical development of pupils and will emphasise responsible and healthy choices. It will also prepare our pupils for the opportunities, responsibilities and experiences of adult life.

Sex and Relationships Education at Pebble Brook School will:

- Provide knowledge and information to which all students are entitled.
- Clarify/reinforce knowledge students have already acquired.
- Help students develop the skills they require to have relationships with others.
- Raise students' self-esteem and confidence, especially in their relationships with others.
- Help students to understand their bodies, emotions, sexual feelings and behaviour, so that they can lead fulfilling and enjoyable lives.
- Develop skills (language, decision making, choice, assertiveness), which are necessary in a range of situations.
- Promote acceptable and appropriate behaviour in public and private situations.
- Give practice of strategies, which reduce the risk of exploitation, misunderstanding and abuse.
- Provide the confidence to be an active member of society.
- Support access to information and facilities.

Pebble Brook School will work towards these aims in partnership with parents.

Sex and Relationships Education Programme:

Sex and Relationships Education will be taught in each class through daily Key Skills sessions and will be addressed as a subject. The topics of focus will include:

1. Our bodies.
2. Emotions.
3. Body changes and development.
4. Social growth and change.
5. Relationships.
6. Sexual expression.

Teachers will adapt learning objectives to suit the needs, ability and age of a particular group. Where required, Sex and Relationships Education may also be taught within single sex groups and to individuals demonstrating additional needs.

Staff will judge when students are ready to move on to more specific work on sexuality and sexual relationships, including: masturbation and the related feelings, sexual intimacy and relationships, safer sex, sexual preference, reproduction, pregnancy and birth and contraception.

It is the school's legal obligation where appropriate to make students aware of sensitive issues such as HIV/ AIDS, abortion, homosexuality and sexual abuse (ref. DfE circular number 5194). Such issues will always be dealt with in a sensitive manner in consultation with parents.

Equal Opportunities:

Sex and Relationships Education is taught throughout the school within the framework provided by our Equal Opportunities statement. All pupils are given equal access with due regard to race, gender or disability.

Parents' right to withdraw their children from Sex Education:

We recognise and respect this right. We encourage open dialogue between home and school to assist in meeting the needs of pupils and ensure that parents are informed about what we are teaching.

Parent Partnership:

It is our policy to inform all parents about the content and aims of PSHE and Sex Education. We welcome comments and enquiries from parents and aim to work with parents in delivering Sex and Relationships Education.

We will do our best to find out from parents any religious or cultural views they may have which may affect the sex education they wish to be given to their children, although we would consider carefully any request which compromised our Equal Opportunities policy. We will take every opportunity to inform and involve parents and carers by:

- Making our commitment clear in the school prospectus.
- Raising personal development issues at each Annual Review meeting.
- Giving the opportunity to discuss PSHE objectives, as part of the Pebble Brook core curriculum.
- Inviting parents to see resources available and explaining their use.

Other Professionals:

The Co-ordinator of PSHE will seek the advice of other relevant professionals as and when necessary, for example, the responsible LEA Inspector, the school nurse and external specialist consultants.

Resources:

A central bank of resources will be developed by the Co-ordinator, which will include: books, visual aids and community based resources, all of which are matched carefully to individual need and age.

Staff Training:

Sex and Relationships Education is an issue for whole school training and development. The Curriculum Co-ordinator for PSHE will work in conjunction with the co-ordinator responsible for staff development to ensure that staff are fully supported, both in terms of supervision and professional development, when delivering Sex Education to our pupils.

Dissemination:

Staff and Governors will develop the policy. Parents will be given opportunities to review and discuss curricular content as and when materials are put into place.

Monitoring and Evaluation:

Sex Education will be assessed and monitored in line with the school's policy on assessment, recording and reporting. It is the responsibility of the PSHE Co-ordinator to monitor the teaching of Sex and Relationships Education across the school.

Consultation Process:

This policy was written in accordance with DfE circular 5194, "Education Act 1993: Sex Education in Schools" and initial consultation has taken place between teachers and Governors. A wider consultation process will be planned to encompass parents and the whole school community.

This policy will be reviewed annually.