

Advice and Support Available for Families

All areas

Food Bank Vouchers and Referrals

- Speak to your Children's Centre, Health Visitor or Social Worker or
- Speak to [your local Citizens Advice Bureau](#)

Fare Share

Food donations from Tring road Tesco in Aylesbury, Loudwater Tesco, Wycombe and Eden Tesco

<http://fareshare.org.uk/>

Buckinghamshire Disability Service

<https://buds.org.uk/if-you-are-in-crisis-and-need-emergency-food/>

Bucks Family Information Service

<https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/advice.page?id=a0SJRGKbVVc>

Giving back to the community – Foodshare

<https://www.foodshare.org.uk/>

Transforming Lives for Good – Make Lunch

<https://www.tlg.org.uk/>

Trussell Trust

The Trussell Trust's 400-strong network of food banks provides a minimum of three days' emergency food and support to people experiencing crisis in the UK.

[Trussell Trust](#)

Aylesbury & the north

Aylesbury Vineyard - Make Lunch, Storehouse clothing and furniture & foodbank

<https://aylesburyvineyard.church/>

Aylesbury Foodbank

<https://aylesbury.foodbank.org.uk/>

Wendover Free Church

<http://www.wendoverfreechurch.org.uk/>

Milton Keynes Foodbank

<http://mkfoodbank.org.uk/about-the-food-bank/>

St Peter & St Paul's Church, Buckingham

Provides food for those in need living north of Winslow

https://www.buckinghamparishchurch.org.uk/Groups/237838/Buckingham_Parish_Church/Church_Life/Community/Buckingham_Food_Bank/Buckingham_Food_Bank.aspx

Thomas Hickman's Charity

14 Bourbon Street , Aylesbury, HP20 2RS
01296 318500

Offers small grants to Aylesbury Town residents in need; applications can be made by families to cover expenses such as uniform, school shoes etc. There is a form available from the charity and schools can help parents complete the form if necessary.

Chiltern & South Bucks

Kings Church, Amersham, Make Lunch, baby baskets, dad's support and furniture project
<https://kca.church/>

Kings Church Amersham/Tesco Foodshare

<https://www.facebook.com/groups/1861807350804960/>

Chiltern Foodbanks

<http://chiltern.foodbank.org.uk/>

Hope Church, Beaconsfield

https://www.hopebeaconsfield.co.uk/Groups/243545/Hope_Community_Drop.aspx

Slough Foodbank

<https://slough.foodbank.org.uk/>

St George's Church, Little Chalfont – Thursday lunch

<https://www.achurchnearyou.com/church/5924/service-and-events/events-regular/>

Wycombe

Maidenhead foodbank

https://www.facebook.com/MaidenheadFoodbank/?hc_ref=ARQIEG41PkoWtjYwZoJmwtQNdwQcsgY71D-Ow2bXGNBAcxg6MJgTpdTCZ4IUQY-92Wk

One Can Trust

One Can Trust has operates a foodbank based in High Wycombe, serving the Wycombe and Marlow area. They work with almost 100 front line agencies who refer people for food aid.

<http://onecantrust.org.uk>

Food Club Friday – Castlefield Children's Centre

<https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/service.page?id=g-iggqtQZ34>

Food Club Tuesday – Wycombe Methodist Church

<https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/service.page?id=TP1Nr3EOxYk>

Money and Budget Advice

<https://www.bucksfamilyinfo.org/kb5/buckinghamshire/fsd/family.page?familychannel=3>

<https://quidsinmagazine.com/>

<https://www.moneyadvice.service.org.uk/en>

<https://www.moneysavingexpert.com/news/2011/04/free-money-advice-service-launches/>

Support and General Advice

<https://www.citizensadvice.org.uk/>

<https://www.relate.org.uk/>

<https://england.shelter.org.uk/>

<https://www.samaritans.org/>

http://www.barnardos.org.uk/what_we_do/our_work/service-search.htm

Wellbeing

<https://www.buckscc.gov.uk/services/care-for-adults/advice-for-vulnerable-adults/>

<https://www.buckscc.gov.uk/services/health-and-wellbeing/public-health/>

<https://www.mind.org.uk/information-support/>

<https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/>

<https://www.time-to-change.org.uk/mental-health-and-stigma/help-and-support>

<http://www.aylesburyspace.co.uk/>