



# Health & Wellbeing Policy

.....  
**Annie Andrews**  
**Chairman of Governors**  
**Pebble Brook School**

Ratified by the Full Governing Body on .....

## Pebble Brook School

### Health and Wellbeing Policy

This Policy runs in accordance with the National Minimum Standards for Residential Special Schools Updated 1st April 2015, Standard 3.

The Health and Wellbeing of our pupils both in school and in Boarding is Parent led. This means that the child's parents/carers will take a primary position in the health and care needs of their child.

On entry to Pebble Brook School all parents/carers are asked to complete a *Parental agreement for the school to administer Prescribed and Non-Prescribed Medication*.

This gives permission for short term medications and other over-the-counter products to be given (such as permissions allow). This also allows trained staff to give pain medication within certain guidelines. Copies of these forms will also be available in Boarding.

Pupils that have more complex health needs will have an individual *Health Care Plan*. These are completed by parents and, where appropriate, pupils on entry to the school and also give permissions for long term medication to be given. They set out that it is the parent's responsibility to both ensure medication is available to be given and to notify the school of any changes to medication or health.

Health Care Plans will be updated if any changes occur and will be reviewed annually at a pupil's annual review.

The School and Boarding will form effective links with health agencies and will work with parents to refer pupils to health care providers if needed. Referrals may be completed by the appropriate staff but would be referred with the consent of the parents/carers.

Any dental work or appointments are the responsibility of the parents/carers and should be carried out in out of school hours whenever possible.

School or Boarding staff that carry out medical or nursing procedures will have been trained to do so and their training will be kept up-to-date and records of the training and the date completed should be kept.

#### Unwell Child

If any pupil becomes ill or injured within the school day, parents/carers will be contacted to collect them and they will be supervised in a suitable place until they have been collected.

Suitable staff should supervise the pupil and can use the medical helpline **111** to give more information if they are unsure of the severity of the illness or injury.

### Boarding

All boarders will have a Health Care Plan that should be completed on their entry to Boarding and should be completed by parents/carers if the boarder has a health need.

The Health Care Plans will be updated to reflect any changes in need, medication or care and should be reviewed at a pupil's Annual Review (if this is in another setting, parents/carers can review plans with the Head of Care at Pebble Brook School at a different time).

It is the responsibility of the Head of Care and/or Medical Co-ordinator to ensure that Health Care Plans are kept up-to-date and are available for appropriately designated staff as required.

If a boarder becomes unwell while in school, s/he may return to the Boarding area but is likely to be sent home. Any boarder becoming unwell while in Boarding will have an assessment made of his/her condition. A decision is then taken by the lead person on duty as to the next action:

- Contact with parent/carer and sent home;
- Emergency services called then parent/carer informed;
- Inform Head of Care and Head teacher.

Follow up action:

- In the event of urgent transport to hospital, a member of staff is to accompany with a copy of their Health Care Plan;
- School to liaise with parents/carers until the situation is resolved.

Pebble Brook School can co-ordinate with a variety of health care providers if needed, with parent/carer consent, such as community nurses and physiotherapists.

Pupils and boarders can be seen on the school site if required but this must be in agreement with both school and home.

Regular dental checks should be carried out during the holidays with the family dentist.

Parents/carers will be informed if there are dental issues within the school day and/or Boarding time and may be asked to collect their child if the problem affects the child's learning or ability to join in activities.